



**Cooking with Heart:  
Mediterranean Traditions  
for Campus Kitchens  
Nausica Ronca,  
Chef & Culinary Storyteller  
Immersive Amalfi-Greek Dining, On Air and  
On Stage, UMass, CCC 2025**





**The Tale of two Beautiful  
countries with rich,  
culturally inspired food,  
and unbelievable local  
high-quality food.**

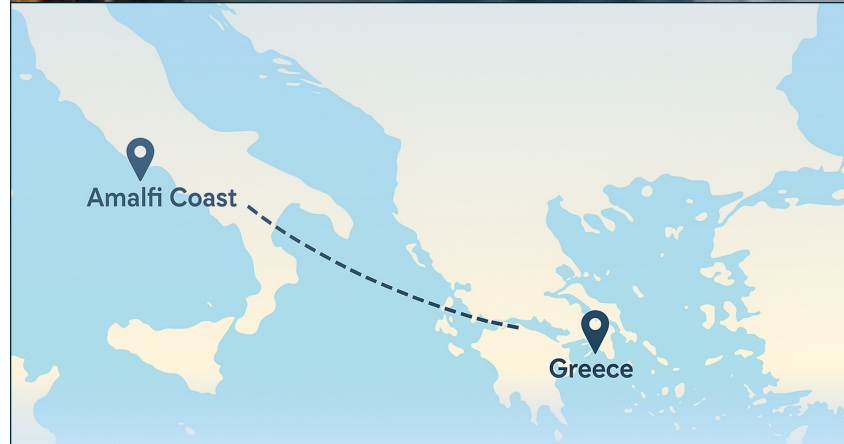


A stylized map of the Mediterranean Sea and surrounding landmasses. The sea is represented in light blue, while land is in a pale yellow. A dashed dark blue line connects the Amalfi Coast in Italy to Greece. The Amalfi Coast is marked with a dark blue location pin and labeled. Greece is also marked with a dark blue location pin and labeled.

**Amalfi Coast**

**Greece**







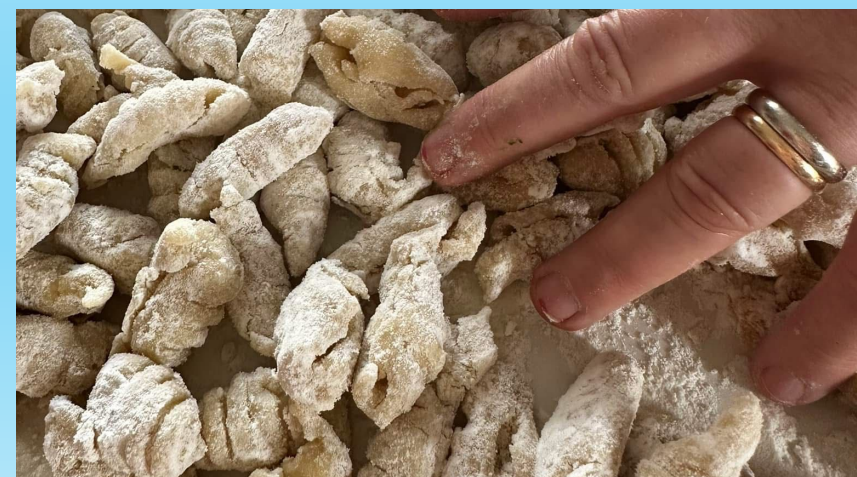
Delicious and Memorable Rooted in Simplicity,  
Where Food is Life!



































Grazie!