



Food As Medicine and the Power of Teaching kitchens

Healthcare Culinary Conference

UMass Amherst | June 10, 2026



Chef Max Goldstein MS, RDN, CDN, CCMS

- ▶ Teaching Kitchen Chef Dietitian, Yale New Haven Health Digestive Health Nutrition
- ▶ Lecturer, Yale School of Medicine Department of Internal Medicine Section of Digestive Diseases

Chef Jonathan Poyourow Ph.D, RD, LD, CSCS, WCEC, WCCE

- ▶ Professor | Culinary Nutrition Department
- ▶ College of Food Innovation & Technology
Johnson & Wales University – Providence Campus



Chef R. Leah Pryor

- Culinary Medicine Manager at UVM Health
- Teaching Kitchen Collaborative founding member and Culinary Chair



Chef Nate Wood, MD, MHS, DipABLM, DABOM (he/him)

- Director of Culinary Medicine |Yale New Haven Health Teaching Kitchen
- Assistant Professor of Medicine |Department of Internal Medicine, Yale School of Medicine

